



Super Ubiquinol CoQ10 100 mg, 60 softgels

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SKU: LE01929

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Product Description

Ubiquinol CoQ10 Super Ubiquinol CoQ10 **CoQ10 for heart health and cellular energy** CoQ10 (or coenzyme Q10) is an essential nutrient for healthy mitochondrial function, a process that produces energy at the cellular level. Because of this, it makes sense that CoQ10 is concentrated in high-energy organs such as your brain, liver, kidneys, and heart. CoQ10 also has powerful antioxidant properties, protecting important proteins and mitochondrial DNA from oxidative damage. Unfortunately, CoQ10 levels decrease over time.

Improved Bioavailability: Ubiquinol The traditional ubiquinone form of CoQ10 is difficult for the body to absorb. That's why Life Extension offers a highly bioavailable form of ubiquinol CoQ10 in a patented delivery system shown to absorb up to **eight times better** than ubiquinone. In people taking this form of ubiquinol, high levels of plasma CoQ10 can be achieved in only four weeks. **CoQ10 and Aging** In a pre-clinical model, ubiquinol was up to 40% more effective at slowing measurements of aging compared with ubiquinone. In a pre-clinical study measuring exercise-induced fatigue, ubiquinol CoQ10 was 90% more effective than ubiquinone at supporting physical performance. **Do Your Part For A Healthy Heart** Super Ubiquinol CoQ10 is a powerful formula for heart health and youthful cellular energy support. Add it to your regimen today!

Supplement Facts

Serving Size	1 softgel
Amount Per Serving	
Calories	5
Total Fat	0.5 g
Ubiquinol (as Kaneka Ubiquinol™)	100 mg

Other ingredients: extra virgin olive oil, gelatin, glycerin, beeswax, purified water, sunflower lecithin, ascorbyl palmitate, and annatto color.

Non-GMO
Q+?, Kaneka Ubiquinol™, and the quality seal™ are registered or pending trademarks of Kaneka Corp.

Dosage and Use

- Take one (1) softgel with food once or twice daily, or as recommended by a healthcare practitioner.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if the outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

<https://youtu.be/eLiZERPf8Fs>